WHAT SHOULD I DO IF I’M CONCERNED ABOUT A STUDENT?

- Talk with the student and express your concerns about their behavior and how it is impacting the academic environment.

- Inform and encourage students to utilize support services that are available for them on campus (see resource list on the back of this brochure).

- Offer to help the student make an appointment with or walk with the student to the University Counseling Center.

- If you do not feel safe talking to the student alone, seek support from your department chair/supervisor, the Office of the Dean of Students, or the University Counseling Center.

WHEN IN DOUBT...CALL!

Behavior Intervention Specialist-(801) 581-7066

- If you are uncertain whether a student’s behavior is concerning, disruptive, or threatening, do not hesitate to consult with the Behavioral Intervention Specialist by calling the Office of the Dean of Students.

- Regardless of how minimal a student’s behavior seems, your observations may inform the broader picture as similar reports come in from other areas on campus.

IT IS CRITICAL TO REPORT YOUR OBSERVATIONS EARLY

- By reporting your concerns early, students can get connected to the appropriate support services and help keep our campus safe.

UNIVERSITY RESOURCES & SERVICES

EMERGENCY
911

CAMPUSS POLICE
Emergency: 911
Non-emergency: 801-585-2677

CENTER FOR DISABILITY SERVICES
http://disability.utah.edu
Olpin Union Building #102
801-581-5020

OFFICE OF THE DEAN OF STUDENTS
http://sa.utah.edu/dos
Olpin Union Building #270
801-581-7066

LGBT RESOURCE CENTER
http://www.sa.utah.edu/lgbt/
Olpin Union Building #418
801-581-7975

UNIVERSITY COUNSELING CENTER
http://www.sa.utah.edu/counsel/
Student Services Building #426
801-581-6826

VETERANS SUPPORT CENTER
http://www.veteranscenter.utah.edu
Olpin Union Building #161
801-581-7722

WOMEN’S RESOURCE CENTER
http://www.sa.utah.edu/women/
Olpin Union Building #411
801-581-8030
With students facing high levels of stress in their daily lives, campus community members may encounter a student whose behaviors are concerning, disruptive or threatening towards themselves or others.

In an effort to respond to the needs of distressed students and to keep the campus safe, the University has established the Behavioral Intervention Team (BIT).

**WHAT IS BIT?**
- BIT’s primary function is to help keep the University community safe.
- BIT is supportive in nature and seeks to act preventively with distressed students.
- BIT is a multidisciplinary team of professionals from several university units including Campus Police, Housing Residential Education, Counseling Center, International Center, Legal Counsel, Center for Disability Services, Faculty, and Office of the Dean of Students.

**WHAT DOES BIT DO?**
- Gathers and manages reported information from concerned faculty, staff and students.
- Assesses the level of threat a student’s behavior poses.
- Intervenes with distressed students and connects them to appropriate support services.
- Makes referrals to the Chief Conduct Officer for any Student Code violations.
- Provides faculty and staff with support and intervention resources.
- Disseminates relevant information to Campus Police.

**CONCERNING BEHAVIORS:**
- Sudden, significant drop in academic performance
- Exhibits visible changes in appearance (poor hygiene, noticeable weight loss/gain)
- Exhibits symptoms of depression and/or anxiety
- Exhibits extreme mood swings
- Becomes preoccupied with death or suicide
- Engages in substance abuse/dependency
- Isolates self from others

**DISRUPTIVE BEHAVIORS:**
- Excessive use of faculty or staff’s time and resources
- Erratic or unusual behaviors (paranoia, hallucinations, uncontrollable crying)
- Sends intrusive or threatening emails, text messages to faculty, staff or other students
- Intimidates or bullies faculty, staff or other students
- Aggressively “takes over” a classroom setting

**THREATENING BEHAVIORS:**
- Indicates intent or plan to harm self
- Provokes physical altercations with others
- Assaults (physically or sexually) another individual
- Shows or brandishes a weapon
- Stalking faculty, staff or other student
- Expresses intent to physically harm or kill someone

**CONTACT:**
Behavioral Intervention Specialist: 801-581-7066

**OR**
University Counseling Center: 801-581-6826

**AND**
Department Chair / Supervisor